

Divine Masters, Ancient Wisdom

Who Are the Masters?

By Kyle Gray

About the book

A new and fresh guide to the Ascended Masters and how to work with them for greater peace and connection.

Discover new tools and wisdom to connect with the enlightened Ascended Masters, and receive their guidance, healing, protection and support on your spiritual path.

Bestselling author Kyle Gray offers the first new guide in several years that looks at the Ascended Masters and explains how they can bring healing to the Earth, the cosmos and your life. The Ascended Masters are enlightened souls who once walked the Earth (or other planets) and continue to offer their emotional intelligence and spiritual teachings to the world. You may already know some of them - Mary Magdalene, Buddha and Jesus - but did you know there are many more, and that they are here to support you on your spiritual path?

In this book, you will discover:

- Many Ascended Masters, from Quan Yin to Saint German and Gaia to the Divine Director
- A short history of the Masters and how they ascended for the greater good of humanity
- How to call upon the Masters for spiritual protection, to remove blockages and to open up to powerful spiritual connections.
- What the Council of Light and Etheric Retreats are, and how you can access their wisdom for healing, guidance and connection

Kyle shares many powerful exercises and tools - such as Sacred Geometry visualizations, affirmations and meditations - to help you increase your awareness and raise your consciousness.

An Excerpt...

Traditionally, the Ascended Masters, or Mahatmas, as they were originally called when they were first introduced in the Theosophical teachings of the late 1800s, are beings who have walked the Earth before us and are now able to offer divine intelligence and support on a spiritual level. Jesus and the Buddha are great examples. Although they are connected to two of the world's major religions, they go beyond the limitations of religion, and many people the world over feel connected to their power, presence, and energy.

The original masters in Theosophy didn't include previously known spiritual figures such as Jesus and the Buddha, but over the years the ideas, connections, and experiences that have been added to the "Ascended Master teachings" have transcended

specific traditions and become more universal in nature.

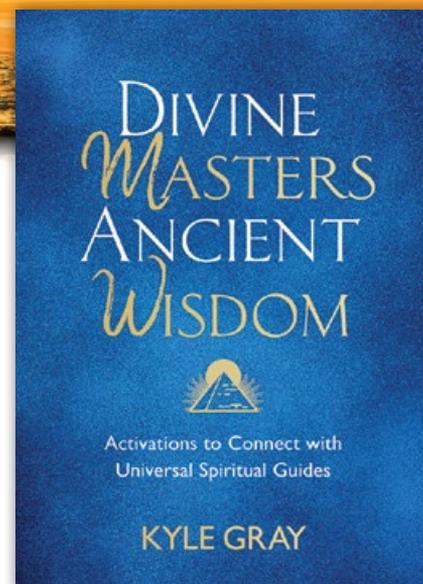
Personally, I feel that anyone who has made a remarkable difference to the planet, either through social activism, exceptional leadership, or sharing their gifts, is an Ascended Master. Highly influential souls such as Martin Luther King Jr., Bob Marley, and Mother Teresa are all great examples. I genuinely believe that we all have Ascended Masters in our own family lineage. We may have had a great-grandparent who did something extremely brave or survived extraordinarily difficult conditions. Whoever they may be, we can connect with the spirit and intelligence of the Ascended Masters and benefit from their wisdom and guidance.

Many of the Ascended Masters in this book surmounted extremely challenging circumstances in a human life. It's because of how they

overcame these challenges that they are able to offer an "enlightened" perspective from the higher realms.

Deities, Masters, and Light Beings

Information about the masters differs slightly from teacher to teacher. It was never clear in the original writings, for example, if the masters were still on the Earth as enlightened beings who were communicating telepathically or were spiritual guides who were connecting through some sort of spirit communication. I think it's important to acknowledge that all spiritual matters are very personal in nature and to find the path or idea that best resonates with your own energy and truth. I've also come to understand that every medium or spiritual teacher shares their work through their perspective, or what I like to call "filter." Which is fine, because it's their truth.



DIVINE MASTERS, ANCIENT WISDOM: Activations To Connect With Universal Spiritual Guides

by Kyle Gray

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About the author

Kyle Gray is quickly becoming the world's leading angel teacher. He dedicates his life to helping other people connect with the angels through his workshops, talks and his online Angel Team. He is the author of seven books and co-creator of four oracle card decks. www.kylegray.co.uk

When I was doing research ahead of writing this book, my intention was to really go deep down the rabbit hole of the traditional Ascended Master teachings and the teachings of Theosophy. After spending some time in meditation and connection over this, though, I felt that I needed to provide a broader range of Ascended Masters and include deities and other light beings.

One major issue that came to light while I was refreshing my knowledge of the traditional masters in Theosophy, such as El Morya, Kuthumi, Saint Germain, and Djwal Khul, was the extreme lack of feminine energy. I realized that although the Ascended Masters had brought something new, something beyond mainstream religion, their presentation had been affected deeply by the patriarchal system of the time. There was a reason for this. Helena Blavatsky, who was one of the founding teachers of Theosophy and the Ascended Master movement, was asexual, most likely because she was pressured into marriage at 17. Because of this disconnection from her feminine energy, she was apparently repulsed by women and sexuality.

This filter affected her teachings, which didn't have an enlightened perspective on women. My truth does.

This patriarchal energy continued into the "I AM" Activity, a 20th-century spiritual movement that was clearly influenced by Blavatsky. Teachers in this movement were, I guess, either Christians, recovering Christians, or bringing Christian concepts into their teachings to make them more palatable for the Christian society that they were living in. You can see this clearly in their texts, especially the prayers to the masters.

I think it's important to understand that we all have the capacity to share spiritual teachings and we'll all do it through our own filters. This is the beauty of being human—we are all having our own experience and sharing from that space.

When I opened up on social media about writing a book on the masters, I asked which beings people felt connected to and worked with, and I wasn't surprised that a lot of those who replied included deities. So, this book draws together goddesses, gods, holy figures, New Age figures, and light beings. I have refrained from including archangels simply because I have written about angelic beings extensively elsewhere and this creates more space for me to cover some of the other amazing beings in the cosmos.

This book is a list of who's who in heaven, but that doesn't end here. I've put together a collection of beings I've learnt about and worked with on my journey, but if there's information that doesn't resonate with you, or differs from what you've heard or learnt elsewhere, or you feel someone important has been left out, please know that this is okay. I encourage you to delve deep into your own heart and connect with the truth that works best for you.

Universal Spiritual Guides

It's important to say that the Divine Masters are for everyone. Individual masters may have once been connected to a particular path or tradition, but they are all now transcending all limitations, including

time and space. They are universal spiritual guides who can be called on anytime and anywhere, by anybody. We can all have our very own personal experience of them.

Having said that, there are a few general points to bear in mind. It's important to approach all of these beings with utmost respect, knowing that the spark of Source exists within them all. Each deity or god is ultimately an aspect of God. Then there are the avatars of the Eastern traditions. Avatar means "descent," so is basically another term for physical incarnation. An avatar is a master or deity who has descended into a bodily vehicle to bring an embodiment of Source to the world.

Sacred Embodiments of Source

As someone who has spent time living on an ashram in India, I would also like to present a few physical guidelines for your consideration. Again, respect is key. Never put an image or statue of a deity on the floor, unless it is elevated in some way. For example, you'll see statues of the Buddha sitting on a block of some description, so that he's elevated. Also, always keep these sacred items clean. Respect them as you would a living deity who was in your home.

Another thing to keep in mind is your use of a sacred image. If someone who is connected to that particular lineage gives you feedback that your use is disrespectful or offensive, don't be offended by the feedback, just do all you can to improve the situation, because we both know offence was never your intention.

This brings us to another important point: intention is everything.

Our intention ultimately is what we hold deep within our heart. It's what the universe is listening for and responding to. Aligning with the highest intention will always support us in connecting to spiritual energy. If connecting on a spiritual level is new territory for you, your intention is what will lead you on this expedition, and it's also what will keep you aligned and protect your energy.

I think it's important here to assure you right at the outset that there's nothing to be worried about in making this connection. When I say

“protect your energy,” I’m not speaking about protecting yourself from things going wrong, just making you aware that when you open up on a spiritual level, it increases your sensitivity to the energies of the Earth and everything that’s going on down here. I have created a whole section on energy protection (p.71), so that your journeys, activations, and connections with the divine realms are pleasurable.

Here are some important points to know in the meantime:

- You are powerful.
- You are the keeper of your mind and body.
- Wherever love is present, fear is a stranger.
- Love is within you.
- You are love.
- Connecting on a spiritual level is an adventure.
- You have angels all around you, leading the way.
- Your spirit is as loud as your willingness to listen. Be willing to listen.
- You always have a choice.
- Nothing can enter your field uninvited.
- You are safe.

List of Masters

Commander Ashtar
 Mahavatar Babaji
 Brigid
 Master Buddha
 The Divine Director
 Djwal Khul
 El Morya
 Gaia
 Green Tara
 Hathor and the Hathors
 Hilarion

Horus
 Ishtar
 Isis
 Jesus
 Joan of Arc
 Kali-Ma
 Kuthumi
 Ma’at
 Mary Magdalene
 Mother Mary
 Melchizedek

Lady Nada
 Paul the Venetian
 Lady Portia
 Quan Yin
 Saint Germain
 Sanat Kumara
 Serapis Bey
 Lord Shiva
 Sopdet, Queen of Sirius
 Thoth
 Lady Venus

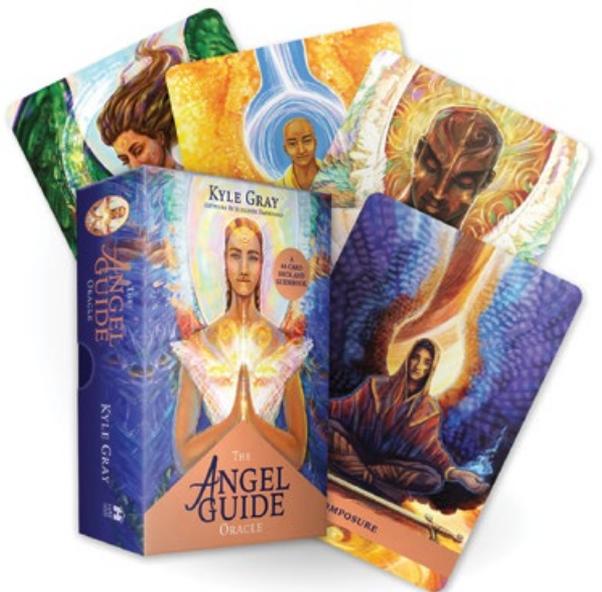
Divine Masters, keepers of ancient wisdom. Thank you for shining your infinite light upon my being and for helping me access the teacher I have within. I am ready to unlock my gifts. I am willing to experience you. I open myself up to you. And so it is.

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